

Study Abroad in Ireland and Romania

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Office of Learning Abroad

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EDGE PROJECT

Project Summary

I elected to travel internationally with the Psychology Department here at Southern Utah University. The Psychology Department chose two locations to travel to; Ireland and Romania. I applied and was accepted to both programs. Initially I had no intention of going on both, I just wanted to travel abroad. I opted to follow through with both programs. This left a few days in between in which it didn't make sense to fly home just to turn around and fly back. I chose to go to Amsterdam, on my own, in between.

Project Highlights

One aspect of the trips that I thoroughly enjoyed was that within each trip we took a few days in major cities, a few days in the country, and a few days hitting major tourist attractions. A few examples are:

- Dublin,
- Westcove Estate (Southwest coast of Ireland),
- Cliffs of Moher,
- Cluj-Napoca,
- Sighișoara, and
- The Borgo Pass.

From My Journal

"I have finally come to the end of my study abroad trips and could not be feeling more grateful for the support provided to me by friends, family, and professors. I was so afraid to come on these trips initially as I had never left the country before. On top of that fear I had lost my job which added a lot of financial stress onto an already terrifying idea... I honestly don't know what to say except that I would encourage anyone to follow in my footsteps. Two study abroad trips back to back was difficult. It took a lot from me and repaid me in experiences that will likely shape my future in ways I cannot understand."



In Ireland we took the time to stop at a Glacial Lake that a few of us decided to take a polar plunge in. There was this surreal low rolling fog coming up and over the ridges that I could have watched for hours.



In Romania we stayed at a Bed & Breakfast for a few days. This is the view as I stepped outside of the cottage I stayed in. We were served home-cooked traditional Romanian dishes for every meal.